



INDIAN COUNCIL OF MEDICAL RESEARCH

Department of Health Research – Ministry of Health & Family Welfare
Government of India

Press Release

ICMR's Mission SHAKTTI rolled out

5th July 2019, New Delhi

Indian Council of Medical Research (ICMR) has rolled out Mission SHAKTTI (School based Health Awareness, Knowledge Test and Training Initiative) in collaboration with National Gandhi Museum and Directorate of Education, Govt. of Delhi. Through this mission to commemorate 150th birth anniversary of Mahatma Gandhi and to project Gandhiji as the ambassador of Health; ICMR is creating health awareness among school children.

As the Gandhian virtues and philosophy of good health, which he preached and practiced are relevant even in today's time. To keep this philosophy alive ICMR scientists and officers are visiting the schools for active interaction with the school kids to aware them regarding these values for good health. A total of 36 schools of Delhi are participating in this programme. During the visit to the schools the students are made aware with a talk and quiz on Gandhian health philosophy to create awareness among school children. The Mission started today with visit to schools namely GGSSS, Moti Ram memorial, Dilsad Garden, Delhi-95 and Arwachin International School, Gurudwara Road, Dilshad Garden, Delhi-95.

At the first event of the day Dr. Rajni Kant, Scientist & Director, ICMR-Regional Medical Research Centre, Gorakhpur who is the Project Coordinator of this programme while addressing the school children said, "Health is the most important aspect of life. In this era of rising lifestyle related diseases, imbibing and following Gandhiji's mantra for good health from the school time itself would lead to a healthy life in the long run. In fact, Gandhiji's teachings of cleanliness for

prevention of communicable diseases like malaria, Dengue holds true at all times, he added. Dr. Rajnikant taught kids the best practices for healthy body, healthy mind and healthy environment citing events from Gandhiji's life.

At the event Dr. Kalyan Ganguly, Scientist, ICMR and convener of the event said, "Social and behavioural changes as per Gandhiji's health philosophy taught to school children could lead to monumental changes in the society as they are the future of the Nation.

Mrs. Rumi Johri, Assistant Director, Sports (Education), Govt. of Delhi was also present at the event.

The school authorities as well as school children actively participated in the proceedings of the event.

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